



# #writingstudio

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## CHARACTER SHEET

### WRITING

Remember that this character sheet is only a prompt. I suggest that you start working through the questions and answer as many as you can, but remember, there's only one rule here - use only what is useful. If a question leaves you cold, move on. If a question inspires ideas, write reams until you run out of flow. One proviso... just like we said last week, don't let fear or discomfort stop you from answering a question. If you're not interested or not inspired it's absolutely fine to move on. But if a question makes you uncomfortable...well, maybe it's best to sit with that for a little while. Sometimes that's where the most interesting things grow.

Finished your character sheet for your protagonist? By now you probably have other characters in mind. Do a character sheet for all of your important characters. I know, I know. It's awfully tempting to short circuit this process and if you really want to, then it's absolutely fine to move on. This is your book and you have to find a way that works for you. But I suggest sticking with this work. You will be amazed what comes out of it.

### THINKING

You won't be surprised to hear that I recommend long walks or baths or quiet time with a good book or TV show in between the work above (assuming real life permits!). Sometimes I get obsessed with a story I am writing and I want to stay in it the whole time and work and work. That's not a bad thing. It can be very productive. But not always. Sometimes your story needs space and for you to seek out interest and inspiration in other places. Take the time.