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# THE GIRL IN THE MIRROR

TWIN SISTERS. IDENTICAL ON THE OUTSIDE.  
DANGEROUSLY DIFFERENT ON THE INSIDE.

ROSE CARLYLE

‘Immensely entertaining, hugely original, highly recommended. Rose Carlyle takes the reader on a wild ride, across an ocean and into the depths of a family riven by greed, jealousy and subterfuge . . . Like sorbet for the jaded palates of hardcore thriller fans.’

—CHRIS HAMMER, author of *Scrublands* and *Silver*

‘As addictive and intoxicating as the perfect martini. Don’t start reading unless you have cancelled all your plans.’

—SARAH BAILEY, author of *The Dark Lake* and *Where the Dead Go*

‘A young woman tries to outrun the secrets that her own actions create. The thrill of the chase gathers us up and pulls us through each page to the very last. And in that other game of pursuit, the author matching wits with the reader, Rose Carlyle is always one step ahead. Of *The Girl in the Mirror*’s many surprises, the biggest is that such an expert psychological thriller, such an addictive ride, could be a debut.’

—MALCOLM KNOX, author of *The Life* and *Bluebird*

‘Rose Carlyle’s debut psychological suspense *The Girl in the Mirror* left me gobsmacked. With its exotic setting, incredibly drawn characters, masterfully intricate plot, and an ending I absolutely did not see coming, Carlyle doesn’t just knock the ball out of the park—she sends it flying into the next universe. *The Girl in the Mirror* is a triumph, one of the best books I’ve read all year.’

—KAREN DIONNE, bestselling author of *The Marsh King’s Daughter* and *The Wicked Sister*

‘A page-turner that’s delightfully over-the-top, shocking, and full of twists, *The Girl in the Mirror* takes sibling rivalry to the next level. A jaw-dropping debut.’

—STEPHANIE WROBEL, author of *Darling Rose Gold*

‘Rose Carlyle’s *The Girl in the Mirror* took my breath away, page after page. It has it all: A superbly taut plot. Unforgettable, haunting characters. A setting that will instantly transport you to the lush landscape of the Seychelles. And one of the best endings I’ve read in a very long time. Bottom line—this book is exactly what we’re all craving right now: a delicious, perfect escape.’

—AIMEE MOLLOY, *New York Times* bestselling author of *The Perfect Mother*

‘Riveting from the first page to the last, with a final mind-blowing twist you’ll never see coming!’

—LIV CONSTANTINE, author of *The Last Mrs Parrish*

**ROSE CARLYLE** is a lawyer and keen adventurer. She has crewed on scientific yachting expeditions to subantarctic islands and lived aboard her own yacht in the Indian Ocean for a year, sailing it from Thailand to South Africa via the Seychelles. Rose was a Michael King Writer in Residence in 2020. She lives in Auckland with her three children. *The Girl in the Mirror* is her first novel.

THE GIRL  
IN THE  
MIRROR

ROSE CARLYLE

*This is a work of fiction. Names, characters, places and incidents are products of the author's imagination or are used fictitiously. Any resemblance to actual events, locales or persons, living or dead, is entirely coincidental.*

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Allen & Unwin  
83 Alexander Street  
Crows Nest NSW 2065  
Australia  
Phone: (61 2) 8425 0100  
Email: [info@allenandunwin.com](mailto:info@allenandunwin.com)  
Web: [www.allenandunwin.com](http://www.allenandunwin.com)



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## PROLOGUE

**F**or the first twelve days of our life, we were one person. Our father's brains and our mother's beauty swirled into one blessed embryo, the sole heir to the Carmichael fortune.

On the thirteenth day, we split. It was almost too late. One more day and the split would have been incomplete. Summer and I would have been conjoined twins, perhaps sharing major organs, facing a choice between a lifetime shackled together and a surgical separation that might have left us maimed.

As it was, our rupture was imperfect. We might look identical, more than most twins, but we're mirror twins, mirror images of each other. The minute asymmetries in my sister's face—her fuller right cheek, her higher right cheekbone—are reproduced in my face on the left side. Other people can't see the difference, but when I look in the mirror, I don't see myself. I see Summer.

When we were six years old, Dad took a sabbatical from Carmichael Brothers, and our family sailed up the east coast of Australia and into Southeast Asia. Our home town, Wakefield, is the last safe place to swim before you enter croc territory, so Summer and I and our younger brother, Ben, spent a lot of time on that cruise playing inside our yacht.

I loved everything about *Bathsheba*. She was a custom-built sloop, her sleek aluminium hull fitted out with the best timbers—teak decks, oak cabinetry—but what I loved most of all was the ingenious double mirror in the bathroom. The builder had set two mirrors into a corner at right angles, with such care that I could scarcely discern the line of intersection. When I looked squarely at either one of these mirrors, I saw Summer, as usual. But when I stared between them, past that line, into the corner, I saw a non-reversed image. I saw my true self.

‘When I grow up, I’m going to have one of these mirrors in my house,’ I told Summer, watching the solemn blonde girl in the mirror mouth the words in time with my voice.

Summer put her little hand on my chest. ‘But, Iris, I thought you liked pretending to be the right—the other—way round,’ she said.

‘Mirrors don’t change what’s on the inside.’ I pushed her hand away. ‘Besides, my heart *is* on the right side.’

We were the most extreme case of mirroring the doctors had ever seen. It wasn’t the facial differences, barely detectable without calipers. They had scanned my abdomen when

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I was a baby, and my liver, pancreas, spleen, all my organs, were on the wrong side of my body. This was how the doctors knew that we had split so late. When I lay still and watched my bare chest, it was the right-hand side that rose and fell in a rhythmic flutter, proof that my heart was misplaced.

Inside Summer, though, everything was as it should be. Summer was perfect.

## CHAPTER 1

### THE MIRROR

I wake in my twin sister's bed. My face is squashed between plump pillows covered in white cotton. It makes me feel like a kid again, swapping places with Summer, and yet everything has changed. We're adults now, and this is Adam's bed too.

I roll over and survey the marital bedroom. Everything is oversize and lush; the colours are creamy and airy, but the carpet is the colour of a ripe peach. There's something illicit about lying here, even though Summer and Adam are thousands of miles away, not even in Australia anymore. Someone must have changed the sheets since they left, but I can smell Summer. She smells of innocent things: suntan lotion, apples, the beach.

This room breathes Summer, so it's jarring to remember that she didn't choose these furnishings. Adam owned this

house when Summer married him, not long after his first wife, Helen, died. The room looks much the same as it did on Summer's wedding day last year. It's just like my sister to mould herself into the life that another woman left behind. She's easy-going to a fault.

The super-king bed is nestled into a bay window with decadent views of Wakefield Beach. I struggle to sit up—this bed is too soft—and lean against the mahogany bedhead, bathing my face in the light of the rising sun. The Coral Sea's turquoise mingles with gold shards of reflected sunbeams. I wish I was in the water right now, swimming in those colours. There are a few things I need to wash off.

From here, perched on the cliff edge, in one direction I can see Wakefield River, north of the town, cutting through the land like a wound. Summer has always loved the river, although, as a breeding ground for saltwater crocs, it's not swimmable. She likes to look at it from the safety of the bridge that our father built across it—his first construction project.

In the other direction, a faultless beach sweeps north to south, wild and open to ocean waves. Halfway along the beachfront, one mansion, faux Victorian with a hint of Byzantium, dwarfs the other beachfront dwellings. It's the house we grew up in; at least, that was where we lived until Dad died.

My mother, Annabeth, must still be asleep in the spare room, so this is my chance to check out Summer's loot. If I were house-sitting, I wouldn't cram myself into the guest bedroom, but Annabeth revels in being unassuming. She tried

to stop me sleeping here when I turned up late last night, but I couldn't resist.

I claw my way out of the heaped bedding and rub my bare feet into the thick carpet. March is still high summer in Wakefield, and as I pad around the room, the warm air kisses my naked body. This time yesterday, I was in the mountains in New Zealand, where winter was already frosting the morning air.

One wall of the walk-in wardrobe is lined with Summer's dresses, a rainbow of silk and lace. I'm surprised that her drawers are still full of lingerie, even though she and Adam plan to be overseas for a year. The lingerie is typical Summer stuff, overrun with roses, demurely styled, more suited to a pre-teen girl than a married woman of twenty-three. There are loads of it; she surely wouldn't notice if half of it disappeared—not that I would dream of stealing. I suppose she couldn't fit all her clothes on the yacht.

The yacht. *Bathsheba*. This is the nub of the thing. This is why I feel as though Summer and I have swapped places. Because Summer's on *Bathsheba*. And *Bathsheba*'s not mine, she never was mine, she never will be mine, but I feel that she ought to be. It feels as though Summer is sleeping in my bed, on my yacht.

Summer never loved *Bathsheba*, but now *Bathsheba* is her home. She and Adam have bought the yacht, bought her fair and square from Dad's estate, and now Summer and Adam

own her as much as they own the house that I'm standing in right now.

What do I own? A shrinking bank account, a wedding ring I don't want anymore, a bunch of furniture I've left behind in New Zealand. A piano I'll probably never play again. It was a cheap instrument, anyway. Summer and Adam have a better one.

I pick up a bra and knicker set that's so innocent it's almost porno. Yellow gingham, it reeks of boarding school: hockey sticks and cold baths. The bra is a double D, and I wear a D, but it looks like it'll fit. I step into the panties. I want to see what Summer looks like in these.

As I'm fastening the bra, the phone rings in a distant part of the house. That'll wake Annabeth. I suppose I will have to face up to her and her questions about why I'm here. I pretended to be too tired last night.

I barely have time to think before Annabeth bursts in on me.

'Here she is,' my mother says into the handset as she minces across the bedroom in a frumpy nightie, her blonde hair looking frizzy and streaked with grey. My mother is at the age where she needs make-up and hair products to achieve the beauty she once woke up with; she's not looking her best right now. 'No, no, she was already awake. Love the gingham bra, Iris. Summer has one the same.' Her sleepy blue eyes peer at me myopically. She dangles the receiver in my face as though I won't be able to see it unless it's right under my nose.

I grab the phone and shoo Annabeth out of the room. ‘Close the door behind you!’ I call.

Who could be phoning me? Who even knows I’m back in Australia, let alone in my sister’s house?

‘Hello?’ My voice is craven, as though I’ve been caught somewhere I shouldn’t be.

‘Iris! Thank goodness you’re there.’ It’s Summer. Her voice breaks into jagged sobs. ‘You have to help me. We’re in trouble. You’re the only one who can help.’

I can’t quite focus, because I’m wondering whether Annabeth’s comment about the bra gave the game away. Summer can be oddly territorial about her clothes. But my sister doesn’t seem to have heard. She’s saying something about Adam, something about how she needs me, Adam needs me. Adam wants her to say that it was his idea and he’s praying I’ll accept.

I gaze at a rack of Adam’s white business shirts. Each one holds Adam’s shape as though a row of invisible Adams is wearing them, here in the wardrobe with me. The shirts are so big in the chest, so long in the sleeve. I hold one to my face. It smells of cloves. I can see Adam in this pristine white, his skin glowing darkly.

‘The poor little man, his pee-pee is swollen and red, and there’s something seeping out. It’s horrific. The foreskin is so stretched. He’s crying all the time.’

What is she saying? I’m agog. We’re twins, but we don’t have *that* kind of relationship. I’ve never heard Summer describe

anyone's penis before, let alone her husband's. What the hell is wrong with him?

'The worst part is when he gets an erection. It's excruciating. Babies do get erections, you know. It's nothing sexual.'

Babies?

'Wait,' I say. 'Are you talking about *Tarquin*?'

'Who else could I be talking about?'

Silence.

Tarquin. The other thing that Summer took over when Helen died, along with Helen's house and Helen's husband. The baby.

Summer is Tarquin's mother now. Adam and Summer agreed that Tarquin deserved a normal family, so Tarquin calls Summer 'Mummy'. Or at least he will if the kid ever learns to speak.

'Summer, I know baby boys get erections,' I say. 'We have a younger brother, you know. I've seen these things.' Summer always assumes I know nothing about kids, explaining that they need a daily bath and a regular bedtime, or something equally fascinating, like I'm an idiot. The last thing I want to think about is Tarquin's pee-pee, especially if it's seeping.

'Trust me, you've never seen anything like this,' Summer says. 'It's becoming dangerous. The infection could spread. The doctors said he could lose his penis. He could *die*.' The word comes out with a sob. 'He needs surgery. An emergency circumcision. They can't fly him home. He's having the surgery today, here in Phuket. We're at the international hospital.'

Summer's voice is fast and fluttery. She's teetering on a tightrope between shouty hysteria and a flood of tears. Most of the time, Summer is the self-assured, gracious twin, while I'm nervous and gauche, but when the chips are down, I'm the one who keeps her head.

I step up to my role now. I hang Adam's shirt back on the rack and smooth it into place. No one could tell it's been touched. 'An international hospital sounds good,' I say.

'Yes,' she says. 'They've been so kind to us here.'

'That's good, and it's good that you've rung me,' I reply. I say 'good' like it's a mantra, calming Summer. 'Of course I can help. So you haven't told Annabeth yet?'

'I couldn't . . .' Summer's voice quavers again.

'I can tell her. She can fly up to Phuket today. I don't mind taking over the house-sitting for a few days.'

No response.

'For as long as you and Adam need it,' I add generously.

'No, no, Iris, we need you, not Mum.'

My head buzzes. Summer needs me. *Adam* needs me. But why? I'm no good with babies. Tarquin already has both his parents. The only parents he knows, anyway. What do they need me for?

I picture myself in Thailand, swanning around the Royal Phuket Marina with its flotilla of superyachts, drinking cocktails. Strong ones, not the virgin cocktails Dad bought us when we were kids. Surely not all those millionaire yachties want Thai girlfriends. Some of them must prefer blondes.

But what am I thinking? Tarquin is ill. It sounds like his penis is rotting off. There'll be no time for drinking and flirting. Surely.

'We're in a serious bind, Iris, and we can't tell just anybody about it. Only people we trust one hundred per cent.' Summer pauses.

'Well, obviously you can tell me,' I say.

'Of course,' says Summer. 'I'm just saying, you must keep this a secret. The thing is, our import permit for *Bathsbeba* has expired. We've already checked her out of Thailand. We were ready to go, but the beaches are so beautiful here. We thought we could spend another couple of weeks in a quiet anchorage and no one would know. We never imagined Tarquin would get sick. It's terrible timing. If customs find *Bathsbeba's* still in Thailand, they'll seize her. The people here are lovely, but there's so much corruption.'

Summer makes it sound as though corruption is some affliction, like malaria, that the poor Thais suffer through no fault of their own. But I'm too keen to hear more to quibble with her.

'So what do you want me to do?'

'Oh, Twinnie, I don't know how to ask you such a huge favour. Adam's a good sailor, but he's barely been out of sight of land. You know how hard it is on the open sea. It's a long passage to the Seychelles, at least a fortnight, and the end of the season is near. The typhoons start in April, but we

can't wait till April anyway. We need to get *Bathsheba* out of Thailand now. And you were always such a great sailor, Iris. We'll pay your plane fares, of course, and Adam says you can stand whichever watches you want.'

As Summer speaks, I step back into her bedroom and approach the bay window. The water glitters far below, swirling around sun-bleached rocks. I can't let myself believe Summer's words. They're too good to be true. I've melted through the glass, and I'm flying over the ocean, turning a joyous shade of aquamarine.

Adam's speaking in the background now. Has he been listening all along? 'Tell her I'll do all the night watches,' he says, in that deep voice flecked with the cadence of the Seychelles. His voice goes on more quietly. I hold the phone close to my ear and shut my eyes, straining to hear.

'Believe it or not, Iris *likes* sailing at night,' Summer says. When she speaks to Adam, her voice becomes playful, smooth, liquid. No wonder I can barely stand to be in the same room as my sister and her husband.

But it seems I wouldn't have to spend much time with the two of them. The plan seems to be that Summer will stay in Phuket with Tarquin and his festering genitalia, and I will leave behind my failed job, failed marriage and failed life, and sail across the Indian Ocean on the yacht I have loved since childhood. And who will go with me? My brother-in-law, the wealthy, handsome, charismatic Adam Romain.

I imagine sailing into the Seychelles, a dream-country of coconut palms and halcyon beaches, but I'm not a mere tourist, because my husband is a local, so in a way it's a homecoming.

Well, not husband in my case. Brother-in-law. But still.

'Of course I want to help,' I say, 'but I have a lot of job interviews lined up.' This isn't true; I haven't started looking yet. I've been trying to figure out how to explain to prospective employers why I walked out on my last job. 'And I have a lot of bills.'

Summer's voice when it comes back is quieter. 'We'll cover everything,' she says. 'Plane fares, debts you need paid, anything you need. I'm sorry, Iris. I know things have been hard for you with Noah leaving. I know it isn't fair to ask. If I wasn't desperate. If *we* weren't desperate . . .'

It's not often that Summer's in need. All our life, she's been content with what she has, happy with her lot. As anyone would be who had Summer's lot. But I can't bear to stretch it out. She sounds truly unhappy—and in a moment, she might think of someone else to ask.

'I'll do it,' I say. 'I'll do it for you, Twinnie.'

Summer squeals down the phone.

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In a few minutes, everything is planned. Adam has found a direct flight on his smartphone. I'll leave Wakefield this

morning. I have an hour to pack and to tell our mother before I head to the airport. I'll be in Phuket by this evening. I'll be on *Bathsbeba*.

Adam comes on the line. 'What's your date of birth? Oh, stupid me, of course I know that. What's your middle name? Same as Summer's?'

'No middle name.'

'Really, just Iris? OK, that's easy. Short and sweet. Hang on a second, hon—Iris—the website's confirming the booking.'

Did he almost call me honey? The thought has a deep effect on me. I feel it in my body. I flush with shame; I really should get out of Summer's underwear.

But now Adam's saying goodbye. In the background, Summer is asking about Tarquin's vaccinations, but Adam doesn't know the answers to her questions. He's always so vague, it makes me wonder how the hell he manages to run a travel agency. Summer has to handle all their life admin. He hands the phone back to her, and she asks me to email Tarquin's vaccination records to her. Then she hangs up.

Finding the records is easy. Summer has filed them all in the wardrobe. I'm struck by her extreme organisation. Her life is laid out here in writing; there's even a folder labelled 'Adam's favourite meals'. When I pull it off the shelf, a sex manual falls out. *The Millennial Kama Sutra*. It looks well worn.

I could browse all day, but I have to get moving. I have to dress, eat something, tell Annabeth the plan. My mother's

barely got her head around my sudden appearance, and now I'm disappearing again. She'll freak out about Tarquin too. She treats the kid like he's her blood grandson.

First, I dart into the ensuite bathroom for one glimpse of Summer in her good-girl gingham. And that's when I see it. The one thing that Summer has changed about this house.

The two panes of glass must have cost a bomb, and it must have been quite an operation to hoist them up here. They seem larger than the door. They've been installed with great care. The angle is exact, the seam almost invisible. Even better than the one on the yacht.

It wouldn't bother me, it wouldn't gnaw at my insides, if Summer had genuinely wanted a double mirror. We are twins; I can't blame her for wanting the same things as I do. But Summer has never minded who she sees in the mirror. She's never been interested in the 'mirror twins' thing. I can see she has installed this mirror because it looks good. It fits into the space beautifully, and with the door to the bedroom open, it reflects the bay window and the ocean beyond.

Even the things Summer doesn't care about she gets first.

I stare diagonally into the double mirror. The girl in the mirror stares back. She's wearing Summer's yellow underwear, but she isn't Summer. It's her left cheek that's fuller, her left cheekbone that's higher.

The girl in the mirror is me.